

IBIKE Guyana: Many Peoples, Many Waters

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(subject to change)

Program: Small group, cultural and environmental immersion bicycle and boat tour. Visit with and gain a better understanding of the lifestyles, history, politics, social institutions and economics of the people of Guyana. Day-to-day, on a ongoing basis, throughout the program there will be discussions on history, architecture, culture, ethnic diversity, social systems, gender rights and roles, politics, agriculture, industry, music, language, religion, geology, botany, and ecology (selected focal points are listed in the itinerary).

Cycling Conditions: 420 km, 250 miles, 70% paved roads, mostly flat, with a few rolling hills towards the west.

Weather conditions: Highs in the 80sF (30sC), lows 70 F (20sC), very good chance of rain.

Code: CB - cabin with bunk beds; Lighting: E - electric, K - kerosene; Climate: AC - air conditioned, F - fan; Bath: S - shower or bath tub, B - bucket bath, h - hot water, T - toilet, L - latrine, sc - self-contained/private.

DAY 01	Sun	Arrive in Georgetown (by air), transfer to the hotel (40km), settle in and assemble bikes. Accommodations: hotel (E, S, T) Dinner: restaurant
DAY 02	Mon	Georgetown. Check out the town; British and Dutch architecture, markets and museums. Points of interest: Stabroek market, St. George's Cathedral, Parliament, City Hall, Anthropology Museum, Government House, Botanical Garden, Umana Yana. Accommodations: hotel (E, S, T) Dinner: restaurant
DAY 03	Tue	Georgetown to Meten Meer Zong (30 km, 18mi) Points of interest: Guyanese Heritage Museum, Sugar Factory Accommodations: Guest house Dinner: Chinese restaurant
DAY 04	Wed	Meten Meer Zong to Parika (10 km, 6 mi) to Supenaam (45 min. by boat) to Charity (by bike, 65km, 40mi) to Wakapoa (1.5 hrs by boat) Points of interest: Cross the Essequibo River, "The English Amazon.", Queen's Town (site of landing of first slaves in Guyana, 1630s), and other history, Amerindian community. Accommodations: village housing (K, B, L) Dinner: special arrangement
DAY 05	Thu	Wakapoa. A day to relax and learn about Arawak community. Points of interest: Paddle/swim/fish in the creek, bird watching, nature hike, woodworking shop, health clinic, local development projects. Accommodations: village housing (K, B, L) Dinner: special arrangement
DAY 06	Fri	Wakapoa to Charity (by boat, 1.5 hrs) to Supenaam (bike, 65km, 40 mi) to Bartica (by boat, 1.5 hrs.). Points of interest: Coastal plains, farming, flocks of parrots and other birds, and mining town on the Essequibo. Accommodations: hotel (E, scS, scT) Dinner: restaurant
DAY 07	Sat	Bartica to Sherima (50km, 30mi) to Rockstone (30km, 18mi), This section is even more off the beaten track. Points of interest: A long section of almost unbroken forest. Accommodations: hammock (K, B, L) Dinner: local restaurant
DAY 08	Sun	Rockstone to Linden (25km, 15 mi) to Kurupukari (transfer, 220km). Points of interest: homesteads, farms, agricultural and economic activities. Accommodations: overnight bus Dinner: local restaurant
DAY 09	Mon	Kurupukari. Learn about the way of life in an AmerIndian community and their relationship with Iwokrama Forest Reserve. Points of interest: homesteads, farms, agricultural, petroglyphs and economic activities. Accommodations: hammock (K, B, L), village housing. Dinner: special arrangement
DAY 10	Tue	Kurupukari to Canopy Walk Camp (70km, 44mi) Cycle through Iwokrama Forest. Points of interest: birds, if you are lucky a jaguar will walk across the road. Accommodations: hammock (K, B, L), Dinner: special arrangement
DAY 11	Wed	Canopy Walk Camp to Surama (30km, 18mi). Explore the park on bike and foot Points of interest: Rainforest, Iwokrama canopy walk; wildlife and birdlife Accommodations: Guest House (E, S, T), Dinner: special arrangement
DAY 12	Thu	Surama to Annai (25km, 15mi). We visit several projects of the Makushi (Macushi) people Points of interest: Bina Hills Institute, savannah-forest transition, Surama community Accommodations: savannah hotel (E, scS, scT). Dinner: Rock View
DAY 13	Fri	Annai to Georgetown (transfer). Leave the home of the Makushi people. Points of interest: grasslands, birding, Kaieteur Falls (optional, extra cost, not always available) Accommodations: Ariantze Hotel Dinner: restaurant
DAY 14	Sat	end of program

Optional extensions:

- Kaieteur Falls (by air) approximately US\$200